

Democracy in Action:

A grassroots guide to
volunteer, advocate, and engage
to save our nation.



VOLUNTEER IN YOUR COMMUNITY:

- Get involved and/or donate to people and places in need
- Encourage people to start programs in their communities
- Help your neighbors, friends, and family register to vote
- Attend local city council meetings
- Volunteer as an election poll worker



JASON CROW

CONGRESSMAN FOR COLORADO'S 6TH DISTRICT

ADVOCATE:

- Publicly support federal voting legislation like the Freedom to Vote Act
- Contact elected leaders and advocate against redistricting abuse
- Write postcards and letters about important votes and upcoming elections



JASON CROW

CONGRESSMAN FOR COLORADO'S 6TH DISTRICT

ENGAGE:

- Vote! — In every local/municipal, state, and federal election
- If you are an employer, give employees time off to vote and make customers aware of elections
- Write to your state and federal representatives and senators
- Regardless of your political affiliation — run for local office



JASON CROW

CONGRESSMAN FOR COLORADO'S 6TH DISTRICT

WELCOME:

- Participate in a new citizenship ceremony
- Participate in local welcome efforts for Afghan refugees
- Say "Hello" to new neighbors and welcome them to our community



JASON CROW

CONGRESSMAN FOR COLORADO'S 6TH DISTRICT

SUPPORT TRUTH:

- Engage in voter education or set up civic education days at local schools
- Subscribe to the local newspaper in your community
- Support election officials and other local officials — regardless of party
- Have the hard conversations - when friends and family say something that isn't true about elections, talk with them calmly about facts



JASON CROW

CONGRESSMAN FOR COLORADO'S 6TH DISTRICT